

Players Welcome Pack

www.salvesencommunityfootballclub.co.uk

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Dear Parent/Guardian,

Salvesen CFC is a club run entirely by Parents & Unpaid Volunteers. We welcome all families and accordingly all committee meetings are open to all Parents. Our prime importance is the welfare and enjoyment of all our young members, and so, our club has adopted the Scottish Football Association Codes of Practice, in particular, The Boys & Girls Clubs of Scotland Child Protection Policy.

This membership pack includes several forms that you and your child need to complete and sign where indicated so that your child can join in our football training and playing activities.

How to complete this pack

- Please read through the Club Information Sheet included in this pack
 this contains important information (e.g. training times, subs,
- this contains important information (e.g. training times, subs, membership fees, clothing, dropping off and collecting children and insurance cover.
- 2. Please complete and sign the following forms with your child.

Check when done

Who needs to sign?

- Club Membership FormParent/Guardian
- Players Code of Conduct
- Each Child
- Parents/Spectators Code of Conduct
- Parent/Guardian
- Volunteer Information Sheet
- Parent/Guardian



- 3. Please keep the following documents for your own reference Club Information Sheet
- Code of Conduct for Players & Code of Conduct for Parents/Spectators (detach and return signed tear-off slip)
- Club Policy Booklet Info on Child Protection, Player Selection, Data Protection, Smoking Policy, Complaints Procedure, Executive Committee & Main Team Contacts
- 4. Please bring your completed & signed forms to the next training session and return them to the Club Official who is taking the register on that day.

Thank you for your continuing help and support. We look forward to sharing an exciting, enjoyable and successful season with you.

Club Membership Form 2016

Please complete and return to the respective Team Official Please use block capitals

PERSONAL DETAILS:		
Players Full Name:		Date of Birth:
Address:		Postcode:
Email Address:		1
Parents Email		
(If different)		
Contact Telephone:		Mobile (if different)
Salvesen CFC		Under:
Team:		
Doctors Name:		Telephone:
Medical Conditions		
ie.		
Asthma, Diabetes,		
Allergies, etc		
EMERGENCY CONTAC	TS:	
1 _{st} Name:	Telephone Number(s):	Relationship:
2 _{nd} Name:	Telephone Number(s):	Relationship
CONSENT:		
1	nsent for the use of photography and video images of my child at football oia, events, and the club website.	events to be used to promote the
	It to the above-named player receiving medical treatment, including anaesther necessary. Accredited representative of Salvesen C.F.C to act in my abse	
Salvesen C.F.C related act	· ·	
	l observe the Codes of Conducts, Constitution, and club rules of Salvesen C and SFA in all competitions which the club participates in.	C.F.C. Also, the Rules and
CHILD NAME	TEAM AGE GROUP/UNDER2016s	

PARENT NAME PARENT SIGNED



CODES OF CONDUCT FOR COACHES, PLAYERS, PARENTS, SUPPORTERS & OFFICIALS

Salvesen Community Football Club fully supports the codes of conduct as introduced by the Scottish Football Association.

PLAYERS CODE OF CONDUCT

When playing football, I will:

- Play by the rules. (The rules of the club and the laws of the game)
- Never argue with a referee or other official. (Without these people you can't play football)
- Control my temper. (Verbal abuse of officials and abusing other players doesn't help you enjoy or win any games)
- Be a team player. (It's a team game, treat it that way)
- Treat all players as I would like to be treated. (Fairly)
- Cooperate with my coach, the referees, and teammates.
- Play for my own enjoyment and to improve my skills.
- I will not use ugly remarks based on race, religion, gender, or ability. (You'll let down your coach,

teammates, and family if you do. Many such comments are now illegal)

PARENTS & SUPPORTERS CODE OF CONDUCT

I agree to:

- Remember that I am there for the participants to enjoy the game.
- Encourage participation but not force it.
- Teach that enjoyment is more important than winning.
- Never ridicule mistakes or losses. (Supporters are there to support **not** downgrade)
- Lead by example and respect that Players, Coaches, Referees & Spectators. (Physical or verbal abuse will not be tolerated)
- Recognise all volunteers who are giving up their valuable time.
- Never publicly criticise Referees. (Raise personal concerns with Club Officials in private)
- To not use ugly remarks based on race, religion, gender, or ability. (You'll let down your family and yourself if you do. Many such comments are now illegal)
- To not offer playing advice to my child or any other child during a game.
- Ensure my child arrives promptly and properly prepared for all training sessions & matches and collect them promptly at the end.

By registering our/my child with Salvesen C.F.C I/we agree to abide by these principles. I/we support the Club in its undertakings and encourage the Club to take any necessary disciplinary actions where warranted of any Players, Parents and/or Spectators for repeated or serious breaches of these Codes of Conduct.

Please cut along dotted line, Sign, and return
--

CODE OF CONDUCTS

	PRINT NAME	SIGN NAME
PLAYER'S NAME		
PARENT'S NAME		
DATE		



VOLUNTEER INFORMATION

Salvesen Community Football club is run by volunteers. The success of the Club today and in the future relies on the goodwill of Members and the Community to contribute to the Club.

Each Member's Parent/Guardian is kindly requested (only if able) to contribute a minimum of 5 hours per season to the Club.

The Club follows a Volunteer Policy based on the Scottish Executive's Volunteer Strategy which includes welcoming and valuing our volunteers, providing support and giving volunteers experiences which match their talents and lifestyles. Please highlight below any areas in which you think you can contribute.

PERSONAL DETA	II S	
Name:		
Contact Tel		
Number:		
Email Address:		
Child's Full		
name:		
Year Croup/Under		
Group/Under:		
TEAM TICK WHER	RE ABLE	
Coaching - Can be	informal but the Club will also fund training in SFA Qualifications	
Scheduling Matche	s -Liaising with the opposition, league and the facilities coordinator	
Communicating with	h players to arrange match attendance	
Transporting or acc	companying players to/from matches	
Laying out and put	ting away equipment	
Collecting Match fe	ees	
First Aiding at mate	ches – Support can be obtained for appropriate training	
Washing Strips & E	Bibs	
FUNDRAISING		
Obtaining Sponsor	ship for the club	
Applying for and se	ecuring funding through grants and lottery funding	
Participating in the	running of fundraising events, social or otherwise	
CLUB		
Match & Training h	ospitality – such as food & drink on match days	
Collecting fees (an	nual or weekly pay to play)	
Developing/Maintai	ning the Club website	
Designing and issu	ing Club communications	
Marketing the Club		
Attending Committe	ees and the AGM	
Becoming a Comm	ittee or Subcommittee member	
Administration		



CLUB INFORMATION SHEET

Anti-Discrimination & Equal Opportunities

Football belongs to, and should be enjoyed by, everyone equally. Salvesen CFC is committed to a policy of equal treatment of all members and requires everyone involved with the Club to abide by this general principle. The Club will not tolerate sexual or racially based harassment or other discriminatory behaviour, whether physical or verbal, and will work to ensure that such behaviour is met with appropriate action in whatever context it occurs.

Child Protection Officer

We do all we can to ensure a safe and enjoyable atmosphere during all our activities, but if you or your child have any concerns or become aware of any bullying, abuse or harassment, or any child safety issues, please report to us as soon as possible so that we can take appropriate action.

William Blackie is our Child Protection Officer (contact details in Executive Committee Table). Each team will appoint a Protection Officer who should be your first point of contact for all such issues. Any incidents should be reported immediately to William Blackie or Committee Member for further guidance/support.

Insurance Cover

As part of our affiliation to the SYFA, the Club has Public Liability Insurance through Sports guard Direct. This covers the Club for up to £5 million pounds. Included in this package is Personal Accident Insurance. Each team Head Coach will have a copy of the insurance certificate.

Clothing

In the interests of safety, we ask that all players wear suitable clothing for playing football. Please remove any watches & jewellery. To avoid injury, long socks and **shin pads are a must** and where appropriate studded boots should be worn. In hot weather please ensure children bring a cold drink, wear sunscreen and a hat. In cold/wet conditions a waterproof top, tracksuit, hat & gloves are a good idea. Please put your child's name in all kit and equipment to avoid mix-ups.

Training & Games

Outdoor training normally takes place at Forrester Community Sports Hub on the 3G Pitches. Your coaches will update you of any changes,

All age groups will play home league and friendly matches at Forrester Community Sports Hub (Fun Fours/Soccer Sevens/11 a-side)

Away game locations will be advised as soon as possible the week before the match along with directions to away venues. Shared lifts can be arranged but please give your child's Team Coaches prior notice if this is required.

Dropping Off & Collecting Children

Please ensure that you drop off and collect your child at the given times and tell your Coach if someone else (e.g. Grandparents, Friend) will be collecting your child. Coaches cannot be held responsible for children waiting at home/away grounds or for children who walk home

Coerver Coaching / Premier Football Academy

Part of your fee goes towards additional training provided by Coerver Coaching (Currently set as twice a month) for 11 aside teams. Premier Football Academy (once a month) for the kiddie school age groups. This is an exclusive partnership where your child has access to world training methods, phase specific training and much more.

SUBS & MEMBERSHIP FEES

There is a charge to cover expenses at training and matches. The monthly fee is £30.00 that must be paid on the 1st of each month. Standing Order details below.

ACCOUNT NUMBER	10800065
SORT CODE	800227
REFERENCE	Child's Surname and Team Year (e.g. S.JONES2016)

It is preferred that a **STANDING ORDER** is set up, as it allows the coach of your team to focus on the coaching rather than collecting monthly payments. However, if you wish, monthly payments can be made on the 1_{st} training night of the month. Please ensure the payment is made promptly & in a sealed envelope with your child's name and team year and handed to your coach/treasurer.

Please note, you are liable for any 'on the pitch fines' that your child incurs. In some cases, the team may cover this at the Head Coach's discretion.

Getting Involved

<u>The Club welcomes any help Parents/Relatives/Friends can offer</u>. Seemingly minor chores such as putting out/tidying away training equipment, setting up/putting away goals on match days helps to lighten the workload of Coaches and Committee Members.

The Club actively seeks new Coaches & can help individuals obtain their SFA coaching certificates.

Club Website

The club website is https://www.salvesencommunityfootballclub.co.uk - Facebook & Pitchero Club. This provides a reference and contact point for all Players and Parents as well as Coaches and Committee members.

TITLE	NAME	EMAIL ADDRESS	TELEPHONE
Chairman	Graham Buckley	gbucks1963@gmail.com	07900 241684
Treasurer	Scott Walker	scottwalker45@blueyonder.co.uk	07808 930 658
Asst Treasurer	Sean Holleran	seanholleran@hotmail.co.uk	07815 503888
Secretary	Martin Grassick	martingrassick79@hotmail.com	07845 456271
Social Secretary/Fundraiser/Asst Secretary/Minutes Secretary	Vacant		
Head of Youth	Brian Brodie	Brian.Brodie@Booker.co.uk	07464752481
Interim Child Protection Officer	William Blackie	billyblackie@ymail.com	07984799995
Coach/Player Development Coordinator	Jamie Melville	jmsmfc1877@gmail.com	07368459697

^{*}Salvesen CFC costs of a football kit please refer to page 10 of the membership pack. Please make any kit payments to the account number above with Players Name and "Kit" as Reference



Salvesen CFC Training Kit Order

Please enter selected sizes and purchase amounts for your child.

	Colin Camp	bell Trainir	ng Kit Siz	zes Per (Child Age	Group:
	Players Name:					
Cost	Product	А	В	С	Age	Purchase Amount
£22.73	Training SS Jersey & Shorts					
£03.33	Stock Football Socks					
£21.35	Football Qtr. Zip Top					
£31.14	Football Rain Jacket [Optional]					
	Totals					

All purchase must be paid for before any orders are processed, **payments refer to page 9**. To place an order kit please hand the relevant form to your coach or email to:

<u>salvesencfcteamkit@outlook.com</u> after this has been completed, you will receive an email telling you that the order has been placed. Estimated delivery time is 30 to 40 days on payment.



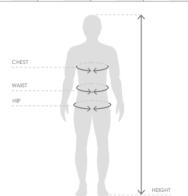
SIZES

JUNIOR UP TO 13 YEARS OF AGE

U		BOY/UNISEX								
	HEI	GHT	CH	IEST	WA	IST	н	IP		
UNDEX	cm	feet	cm	inch	cm	inch	cm	inch		
4XS	110-119	3гтб - Згт9	60 - 64	23.5 - 25	56 - 59	22 - 23	66 - 70	26 - 27.5		
3XS	120 - 132	3гт9 - 4гт3	64 - 72	25 - 28	59 - 64	23 - 25	70 - 76	27.5 - 30		
XXS	133 - 146	4rr3 - 4rr8	72 - 80	28 - 31.5	64 - 69	25 - 27	76 - 82	30 - 32		
XS	147 - 160	4rr8 - 5rr2	80 - 88	31.5 - 34.5	69 - 74	27 - 29	82 - 88	32 - 34.5		
s	160 - 172	5fT2 - 5fT6	88 - 96	34.6 - 37.8	74 - 79	29 - 31	88 - 94	34.6 - 37		

ADULT

			N	/AN/U	NISEX			
UNSEX	HEIGHT		CHEST		WAIST		HIP	
GREEK	cm	feet	cm	inch	cm	inch	cm	inch
М	171 - 179	5m6 - 5m8	96 - 100	38 - 39.5	84 - 88	33 - 34.5	96 - 100	37,8 - 39.5
L	178 - 185	5н8 - би	100 - 104	39.5 - 41	88 - 92	34.5 - 36	100 - 104	39.5 - 41
XL	183 - 190	6rt - 6rt2	104 - 108	41 - 42.5	92 - 97	36 - 38.2	104 - 108	41 - 42.5
XXL	188 - 195	6ғт1 - бғт4	108 - 113	42.5 - 44.5	97 - 102	38.2 - 40	108 - 112	42.5 - 44
3XL	193 - 200	6F13 - 6F15	113 - 122	42.5 - 48	102 - 112	40 - 44	112 - 121	44 - 47.6
4XL	198 - 205	6FI5 - 6FI7	122 - 131	48 - 51.6	112 - 122	44 - 48	121 - 130	47.6 - 51.2
5XL	203 - 210	6F16 - 6FT8	131 - 140	51.6 - 55	122 - 132	48 - 52	130 - 139	51.2 - 54.7



JUNIOR UP TO 13 YEARS OF AGE

	GIRL								
*	HEIGHT		CHEST		W	AIST	HIP		
	cm	feet	cm	inch	cm	inch	cm	inch	
4XS	110-119	3116 - 3119	60 - 64	23.5 - 25	55 - 57	21.5 - 22.5	66 - 70	26 - 27.5	
3XS	120 - 132	3119 - 4113	64 - 71	25 - 28	57 - 60	22.5 - 23.5	70 - 76	27.5 - 30	
XXS	133 - 146	4rt3 - 4rt8	71 - 77	28 - 30	60 - 63	23.5 - 25	76 - 82	30 - 32	
XS	147 - 160	4rr8 - 5r12	77 - 83	30 - 32.7	63 - 66	25 - 26	82 - 88	32 - 34.6	
S	159 - 168	5FT2 - 5F15	84 - 88	33 - 34.5	67 - 71	26 - 28	91 - 95	35.8 - 37.5	

ADULT

		WOMAN							
₩	HE	GHT	СН	IEST WAIST		IST	н	P	
	om	feet	om	inch	cm	om inch		inch	
M	167 - 175	5rt4 - 5rt7	88 - 92	34.5 - 36	71 - 75	28 - 29.5	95 - 99	37.5 - 39	
L	173 - 181	5=16 - 5=19	92 - 96	36-38	75 - 79	29.5 - 31	99 - 103	39 - 40.5	
XL	179 - 187	5rr8 - 6rr1	96 - 100	38 - 39	79 - 83	31 - 33	103 - 107	40.5 - 42	
XXL	185 - 191	6rr - 6rr2	100 - 104	39 - 41	83 - 87	33 - 34	107 - 111	42 - 43.5	
3XL	188 - 194	6rr1 - 6rr3	104 - 110	41 - 43	87 - 93	34 - 36.5	111 - 117	43.5 - 46	
4XL	193 - 200	6н3 - 6н5	110 - 116	43 - 45.5	93 - 99	36.5 - 39	117 - 123	46 - 48.5	

